

What's Happening at the Q



JANUARY WARRIORS' CALL

January 2024						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

On Orange Days, students have all Red and Gold classes except for Seminar

First Day – 17 Aug 23/Last Day – 6 Jun 24

Conference Day – 3 Nov (No Classes)

Federal Holiday – No Classes

Holiday Break – No Classes

CCRS/Teacher Workdays – No Classes

HS Graduation – 1 June 2024

Early Release Wed - Classes R1, R2 & R3

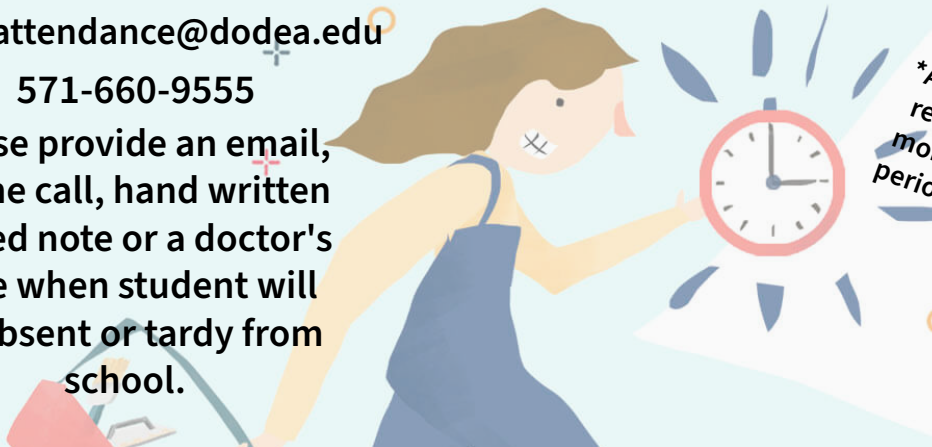
To report an Absence or Tardy:

Email:

mhs.attendance@dodea.edu

571-660-9555

Please provide an email, phone call, hand written signed note or a doctor's note when student will be absent or tardy from school.



Attendance Policy

- *A doctor's note is required after 3 consecutive days of illness.
- *An Extended Absence Form is required for absences of 5 or more days including isolation periods, pre-planned trips and emergencies.

Upcoming events:

January 2: STUDENTS RETURN TO SCHOOL

January 10: Winter Sports (Basketball and Cheer) Picture Day

January 11: Senior Picture Retakes (Please contact Prestige Senior Portraits at (855)918-2930 to schedule an appointment.)

January 15: No School - for students - Martin Luther King Jr. Day

January 18: Middle School Fun Night

January 22: No School for Students - Teacher workday

January 25: Drama Play 6:00 pm

January 29: Drama Play 6:00 pm

SPORTS NEWS

Varsity Basketball

Wed, Jan 3 away @ St. Michaels -

Girls: 16:30 Boys: 18:00

Fri, Jan 5 away @ Foxcroft: Girls 16:00

Tue, Jan 9 @ HOME: Girls 16:00

Tue, Jan 9 away @ Trinity: Boys 16:30

Thr, Jan 11 away @ Randolph Macon

Girls: 16:00 Boys: 17:30

Fri, Jan 12 @ HOME - Girls 16:00

Boys: 17:30

Tue, Jan 16 away at Highland - Girls 16:00

Wed, Jan 17 @ HOME : Girls 16:30

Boys: 18:00

Fri, Jan 19 @ HOME: Girls: 16:30

Boys: 18:00

Varsity Basketball con't

Tue, Jan 23 away @ Grace Prep:

Girls: 16:00 Boys: 18:00

Wed, Jan 24 away @ Carmel: Girls: 17:00

Thr, Jan 25 @ HOME Boys: 16:00

Tue, Jan 30 Away @ Wakefield:

Girls: 16:00 Boys: 17:30



MS Basketball

Thr, Jan 4 @ HOME: Boys: 16:00

Girls: 17:30

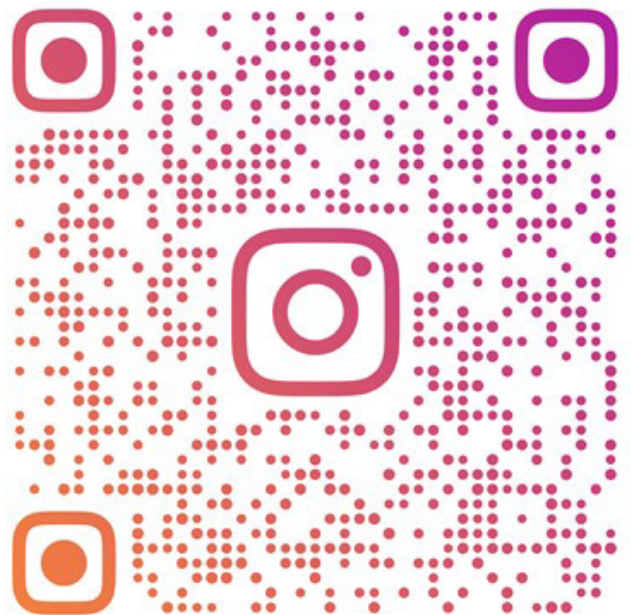
Thr, Jan 25 away @FA: Girls: 16:00

Boys 17:15

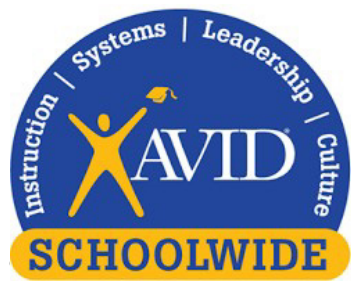
Students must have a current Sports Physical on file to participate in any sport.

Quantico MHS
is now on
Instagram!

@dodeaquanticomhs



DODEAQUANTICOMHS



QMHS is now CERTIFIED AVID SCHOOLWIDE!

AVID is schoolwide when a strong AVID system transforms the Instruction, Systems, Leadership, and Culture of a school, ensuring college readiness for all AVID Elective students and improved academic performance for all students based on increased opportunities.

- **Instruction:** Entire instructional staff utilizes AVID strategies, other best instructional practices, and 21st century tools to ensure college readiness for AVID Elective students and improved academic performance for all students.
- **Systems:** Systems are in place that support governance, curriculum and instruction, data collection and analysis, professional learning, and student and parent outreach to ensure college readiness for AVID Elective students and improved academic performance for all students.
- **Leadership:** School leadership sets the vision and tone to promote college readiness and high expectations for all students in the school.
- **Culture:** School's beliefs and behaviors which reflect and demonstrate an increase in the number of students meeting college readiness requirements.

MIDDLE SCHOOL FUN NIGHT

Date: Thursday, Jan 18

Time: 4:00 PM - 6:00 PM

Cost: \$5.00

Pizza, snacks and water will be available for sale at an additional cost.

Students will need to go home after school and must have a ride home after the event.

Prince William County Public Schools Transition Fair 2024

on employment and support services for
transitioning youth and adult students with
disabilities



- Transition Planning
- Medicaid
- Supported employment
- Social Security
- Career Planning
- Guardianship
- Special Needs estate Planning
- Services Provided by the Department of Aging and Rehabilitative Services and PWC Community Service Board
- Disability Support Services at Colleges and Universities

Saturday, March 16th
at
Charles J. Colgan Sr. High School
13833 Dumfries Road
Manassas, VA 20112
Time: 10 am - 4 pm
OPEN TO ALL - NO COST

For Information:

https://www.pwcs.edu/academics__programs/special_education/career_and_transition/transition_fair/index

Monday

New Year's Day
NO SCHOOL

1



Chicken Patty
Corn Dog
Curly Fries
Carrots
Blueberry Crisp
Oranges
Milk

8

Martin Luther King Jr. Day
NO SCHOOL

15

Teacher Workday
NO SCHOOL

22



Chicken Nuggets
Cheese Quesadilla
Mashed Potatoes
Broccoli
Mixed Berry Cup
Peach Cup
Milk

29

Tuesday

Chicken Nuggets
Cheese Quesadilla
Mashed Potatoes
Corn
Mixed Berry Cup
Peach Cup
Milk

2

Chicken Burrito
Cheese Quesadilla
Corn
Black Beans
Strawberry Cup
Mixed Fruit
Milk

9

Chicken Tenders
Macaroni and Cheese
Sweet Potato Puffs
Peas and Carrots
Pineapple Cup
Peaches
Milk

16

Chicken and Waffles
Fish Sticks
Glazed Carrots
Broccoli
Pineapple
Mixed Fruit
Milk

23

Chicken Teriyaki
Corn Dog Nuggets
Seasoned Rice
Stir Fry Veggies
Mixed Fruit
Pineapple
Milk

30

Wednesday

EARLY RELEASE
Chicken Teriyaki
Grilled Cheese
Seasoned Rice
Stir Fry Veggies
Jello w/ Fruit
Mixed Fruit
Milk

3

Hot Dog
Turkey 'n Cheese Sub
Tater Tots
Northern Beans
Applesauce
Pears
Milk

10

Chicken Tacos
Cheese Quesadilla
Corn
Refried Beans
Strawberry Cup
Mixed Fruit
Milk

17

Turkey and Gravy w/ Rice
Grilled Cheese
Green Beans
Peach Cup
Strawberry Cup
Milk

24

Grilled Cheese
Tomato Soup
Glazed Carrots
Baked Apples
Peaches
Milk

31

Thursday

Spinach Alfredo Pasta
Fish Sticks
Rolls
Broccoli
Baby Carrots w/ Ranch
Oranges
Apple Slices
Milk

4

Grilled Cheese
Chicken Noodle Soup
Mixed Veggies
Baked Apples
Peaches
Milk

11

Pasta Primavera
Turkey Sub
Garlic Knots
Broccoli
Pears
Apple Slices
Milk

18

Spaghetti and Meatballs
Garlic Knot
Chicken Wrap
Garden Salad
Pears
Sliced Apples
Milk

25

Friday

Assorted Pizza
Curly Fries
Green Beans
Garden Salad
Pineapple Cup
Pears
Milk

5

Assorted Pizza
Waffle Fries
CA Blend Veggies
Baby Carrots w/ Ranch
Mandarin Oranges
Fruit Juice
Milk

12

Popcorn Chicken
Fish Sticks
Fries
Green Beans
Peaches
Frozen Fruit Cup
Milk

19

Assorted Pizza
Tater Tots
Baby Carrots w/ Ranch
Mandarin Oranges
Applesauce
Milk

26

QMHS DRAMA DEPARTMENT



2023 Fall Production...

"And Then There was
One, Too!"

January 26th and 29th

Gym Stage

6:00pm

Get Your Kid Ready #OptionReady



Join our ASVAB Career Exploration Program Parent Q&A Meeting

January 22, 2024 | 6:00pm EST

<https://www.zoomgov.com/j/1601222764?pwd=K0I2bCtVODNwUHdNb3g2UFpISzhaZz09>

Meeting ID: 160 122 2764

Passcode: Parent



Give your child the chance to do just that. The ASVAB CEP is designed to help your child:

- Learn more about themselves and the world of work.
- Explore occupations in line with their interests and skills.
- Discover all the ways to enter the career fields they are best suited for.
- Develop an effective strategy to achieve their career goals.

IT IS NOT JUST A MILITARY TEST!



College



Work-Based
Learning



Military

Contact your school counselor to sign up. Learn more at asvabprogram.com



23-24 Yearbook

**SALE PRICE
UNTIL FEB 1
\$45**



To order:
ybpay.lifetouch.com
QMHS CODE: 8408424

**SALE PRICE
UNTIL FEB 1**

SENIOR ADS

1/4 Page: \$ 55
1/2 Page: \$ 85
Full Page: \$ 150



ybpay.lifetouch.com
Code: 8408424



Long Sleeve

S/M/L: \$20
XL/2XL: \$25

Short Sleeve Tee Shirt

S/M/L/XL: \$15
2XL/3XL: \$18



Hoodies

S/M/L/XL: \$25
2XL/3XL: \$30



**ONLY
CASH OR CHECK
ACCEPTED**

Lanyards: \$5
Pom poms: \$2

ART CLUB

Thursdays
from 2:15 pm - 3:45 pm

Art Room
with Ms Costa

Games Club

Join the Games Club to play
Dungeons and Dragons,
Tabletop RPGs, board
games, cards and more!

Meetings each
Tuesday
from 2:15 pm - 3:45 pm

in the Library
with Ms. Callaway

SNACK SHACK

*Didn't get breakfast?
Hungry between classes?
Come visit the Snack Shack
in*

Ms. Harris' Room 207

*Snacks available for purchase
every day
until 9:30 am and after school*

American Sign Language Club



THURSDAYS
2:15 PM - 3:45 PM
IN THE LIBRARY



DECEMBER WRAP UP



Would you like to check your child's grades whenever you want?

The DoDEA Student Information System (SIS) is Aspen. Parents AND students each have their own access into that system so that they can check grades, attendance, and other information. Best of all...you already have an account! Just sign into the DoDEA SIS platform with the same email address and password you used to register your child. Click the HELP! button or scan the QR code below to open a tip sheet for parents.



*DoDEA SIS Aspen
Parent Tip Sheet*



& Did you know??

You can set notifications on your child's attendance and grades in Aspen through your Parent Aspen Account. Once you log in, find the "Notification" tab on the left and set your preferences!

<https://dodeasis.myfollett.com/aspen/logon.do>



Transcript	Subscribe	Name	Description
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Attendance	This subscription will notify you of any attendance entry for this student.
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Grades	This subscription will notify you when any grades below a specified threshold are entered for this student. Grades are scaled as a percent from 0 to 100. If a student receives a class assignment or test grade that is below the specified threshold, a notification will be sent to your email address. In the space below, please enter a grade threshold to use for determining what grades to report. This should be a number from 0 to 100. For example, an entry of 75 would trigger a notification for any grade entered that scaled below 75%. Grade Threshold <input type="text" value="80"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Late Grades	This subscription will notify you when a teacher enters a special score of Late for an assignment that has not been turned in. The notification will be sent to your email address.

NO-COST TUTORING for all DoDEA Students

PLUS HOMEWORK HELP AND TEST PREP

150+ Subjects • One-to-One • Online • On-Demand • 24/7 • Anonymous

Tutor.com/military is available at no cost to all U.S. Military and DoD personnel and their dependents. College students and K-12 students not enrolled in DoDEA schools may create an account at www.tutor.com/military. Tutor.com is now accessible to all DoDEA students in ClassLink®

MATH

Pre-Algebra
Algebra
Algebra II
Basic Math
Elementary Math
Middle Grades Math
Pre-Calculus
Calculus
Multivariable Calculus
Discrete Math
Finite Mathematics
Geometry
Statistics
Trigonometry

SCIENCE

Anatomy and Physiology
Elementary Science (Grades 1-8)
Environmental Science
Biology
Chemistry
Organic Chemistry
Earth Science
Microbiology
Physics
Physical Science

ENGLISH

Essay Writing
Grammar
Literature
Reading
Vocabulary

ENGLISH LANGUAGE LEARNERS (ELL)

Reading Help
English Language Use
English Writing
Types of Writing

SOCIAL STUDIES

Civics and Government
European History
Geography
U.S. History
World History
Social Studies (Grades K-8)

SOCIAL SCIENCE

Criminal Justice
Introductory Psychology
Introductory Sociology
Research Methods

WORLD LANGUAGES SPANISH, FRENCH, GERMAN, ARABIC, ITALIAN

Grammar
Reading Comprehension
Writing

BUSINESS

Accounting
Business and Consumer Math
Business Law
Economics
Finance
Principles of Management

COMPUTER SCIENCE AND LITERACY

Microsoft® Access, Excel, PowerPoint, and Word
Java® Programming
C++ Programming

TEST PREP

ACT®
SAT®
PSAT®
NCLEX®
GED®
HiSET®

NURSING/ALLIED HEALTH

Allied Health
Care Plans
Clinical Assessment
Clinical Management
Epidemiology
Evidence Based Practice
Health Services
Healthcare Administration
Medical Coding
Medical Surgical
Medical Terminology
Pediatrics
Primary Care
Pathophysiology
Pharmacology

STUDENT SUCCESS: STUDY AND LIFE SKILLS

Building a Support System
Finding Scholarly Resources
Healthy Habits
Motivation and Goals
Notetaking
Organizational Skills
Stress Management
Study Strategies
Time Management
Utilizing Resources

PARENT COACHING

Finding Balance
Managing Knowledge Gaps
Motivation and Goals
Scheduling and Organization
Setting Expectations
Study Techniques
Using Resources

AP® SUBJECTS

AP Art History
AP Biology
AP Calculus AB
AP Calculus BC
AP Chemistry
AP Comparative Government and Politics
AP Computer Science A
AP English Language and Composition
AP English Literature and Composition
AP Environmental Science
AP European History
AP French Language and Culture
AP German Language and Culture
AP Human Geography
AP Italian Language and Culture
AP Microeconomics
AP Macroeconomics
AP Physics 1: Algebra Based
AP Physics 2: Algebra Based

IB® SUBJECTS

IB Language A:
• Language & Literature
• Literature HL & SL
IB Mathematics:
• Pre-Calculus HL & SL
• Calculus HL & SL
• Statistics HL & SL
• Discrete Math HL
IB Chemistry
IB Physics
IB Biology
IB History
IB Psychology
IB Computer Science
• Java
• C++



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